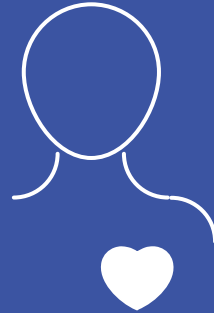




**heartscan**

SPORTS SCREENING



## Sports Cardiology Screening

### Why is sports heart screening important?

It has the potential to save lives.

The most common cause of sudden cardiac death in under 35s is an undiagnosed heart condition.

Sporting activity can aggravate an underlying heart abnormality and could lead to a cardiac arrest.

### What is the purpose of sports heart screening?

Heart screening aims to identify the majority of heart abnormalities most likely to affect young people. This means that early treatment and intervention can be made in people whose heart abnormality would otherwise have gone undetected.

## HeartScan's sports cardiology

screening service is delivered by leading sports cardiologist Dr. Antoinette Kenny. The screening includes an electrocardiogram (ECG), an echocardiogram (Echo) and a personal questionnaire to test for underlying heart conditions or heart abnormalities.



### What does the screening involve?

HeartScan's screening service is the same procedure as used by the Football Association for both senior and youth players. The screening comprises an electrocardiogram (ECG), an echocardiogram (Echo) and a personal questionnaire to test for underlying heart conditions or heart abnormalities.

We recommend that you also read our leaflets which provide further information on ECG and Echo tests. Your results will be interpreted by Dr. Antoinette Kenny, a sports cardiology expert and cardiology adviser to the Football Association.

### About Dr. Kenny

Dr. Antoinette Kenny is a member of the Football Association expert cardiology panel and performs heart screenings for premier league football clubs and elite athletes.

### Your heart screening results

You will normally receive the results in three to five days, we can also send these to your GP if you wish. Dr. Kenny will offer support and advice on next steps if any abnormality is found.

