

# HeartScan Echo Test Patient Case Study



***'Over a period that extended into months I was concerned at breathlessness when undertaking types of moderate exercise like walking uphill'***

My GP conducted an ECG which proved to be normal but I remained concerned that there could be an underlying issue which would not get detected by an ECG. My GP suggested I have an echocardiogram to either provide me with reassurance or to highlight any issues.

***'My GP conducted an ECG which proved to be normal but I remained concerned of an underlying issue the ECG may not have detected'***

To get this done quickly I looked online to see who could provide this service as I didn't have private medical insurance.

***"Heartscan and Dr Kenny looked as though they provided a very professional service"***

As Heartscan and Dr Kenny are based in Newcastle Upon Tyne I arranged to visit my relatives who are living in the North East whilst visiting Heartscan.

My report which I received a few days after my appointment highlighted a minor issue that Dr Kenny informed me needed no immediate action – just to keep an eye on it with the option of a repeat scan in 12 months to see if there had been any change.

***'My echocardiogram report highlighted a minor issue that Dr Kenny informed me needed no immediate action'***

This issue did not account for my breathlessness and my GP suggested that the breathlessness was probably due to me becoming "de-conditioned" having previously been a fairly active athlete who had subsequently slowed down and put on a little weight!

***'So, I'm now on a light fitness campaign and intend to re-visit Heartscan next year for a follow up check. Another good excuse to visit Newcastle !'***

**Charlie Dryden, Reading**  
*Visited HeartScan Febuary 2018*

Visit our website to find out more or contact us to arrange a heart health check or consultation

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